

SUNDAY / DOMINGO

11:00AM Feelings Group of NA
285 Clarissa St., Rochester
D

NOON The Message of Hope
48 Cameron St., Rochester
Entry at rear of building
D

5:30PM Couch Potatoes in Recovery
1190 South Winton Rd, Room
26, Rochester
Room 26
O,D,VM
Zoom ID : 859 2133 2655 :::
Password 26824

6:00PM Basically Speaking
350 Chili Ave, Rochester

D,SD,WC

7:30PM Recovery and Relapse
48 Cameron St., Rochester

D,IP,SD,St

MONDAY / LUNES

NOON The Courage to Change
285 Clarissa St, Rochester

BT,D

6:45PM Gates to Recovery
4195 Lyell Rd, Rochester

D

7:00PM All in the Family
17 S. Fitzhugh St., Rochester

7:00PM Talking Heads
350 Chili Ave, Rochester
PW: TH350

7:30PM Eye of the Hurricane
1008 Main St., East Rochester

D

TUESDAY / MARTES

NOON The Courage to Change
285 Clarissa St., Rochester

6:00PM AIDS and Recovery
1124 Culver Rd., Rochester

HY
Zoom ID: 872 7438 8675 :::
897247

6:45PM Speakers & Stories
4195 Lyell Rd, Rochester

BT,SD

7:00PM Honest Open-Minded and
Willing
48 Cameron St., Rochester

D

WEDNESDAY / MIÉRCOLES

NOON The Courage to Change
285 Clarissa St, Rochester

BT,D

6:00PM Principles Before
Personalities
, Rochester

VM
Zoom ID : 890 9810 1645 -:-
Pwd : 12345_789

7:00PM B There or B Square
111 N. Chestnut St., Rochester

D,IP,JT,SD,St,Tr,WC

7:30PM Meeting From Another
Planet
2881 Culver Rd, Rochester
Rear side door entrance
O,D,WC,HY
Zoom ID 352 812 367 ::: PW
132470

THURSDAY / JUEVES

NOON The Courage to Change
285 Clarissa St., Rochester

BT,D

NOON The Not Yet Group
185 Scio St, Rochester

7:00PM Back to Brockport
14 State St., Brockport
*Outside meeting; bring your own chair
and coffee*
BT

7:00PM NA Speaker & Discussions
864 E. Main St., Rochester

SD

FRIDAY / VIERNES

9:00AM We Do Recover
33 Chestnut St., Rochester

SD

NOON The Courage to Change
285 Clarissa St., Rochester

BT,D

7:00PM 12 Steps / 12 Traditions
25 Franklin St, Rochester
2nd Floor
St,To,Tr

7:00PM I Just Don't Know
30 Amity St., Spencerport

O,BT,D,IP,WC

7:00PM Unity is our Strength
435 Jefferson Ave., Rochester
*Must park across the street at #4
school or restaurant parking lot behind
building.*
O

SATURDAY / SÁBADO

NOON Guiding Principles
287 Flower City Parkway,
Rochester

12:30PM A Step Forward
2 Riverside St., Rochester

1:00PM No Matter What
, Rochester

BT,St,VM
Zoom ID 862 6900 2441 ::: PWD
: NMWRecover

3:00PM I Can't, We Can
287 Flower City Park, Rochester

O,IP,Rr,So

4:00PM Dawn of a New Reality
350 Chili Ave, Rochester

D,SD,To

5:00PM New Beginnings: Through
Steps and Traditions
1 Seneca Parkway, Rochester

O

6:00PM Ultimate Weapon
1035 Dewey Ave, Rochester

BT,SD,St,Tr

6:00PM Who's An Addict
48 Cameron St., Rochester

O,BT,SD,St,WC

7:00PM Saturday Night Live
125 Caroline St., Rochester

VM
Zoom ID : 9214655841

Meetings Weekly: 36

MEETING FORMAT LEGEND

BT	Basic Text	D	Discussion
HY	Hybrid Meeting	IP	Informational Pamphlet
JT	Just for Today	O	Open
Rr	Round Robin	SD	Speaker/Discussion
So	Speaker Only	St	Step
To	Topic	Tr	Tradition
VM	Virtual Meeting	WC	Wheelchair

*** NA Groups are not affiliated with, nor do they endorse the facilities in which they rent meeting space, or any online platform.***

The Area Service Committee and Subcommittees meet at 2009 Dewey Ave Rochester, NY

Area Service Committee	2nd Sunday 2PM - 5PM
ASC Officer Meeting	2nd Sunday 12:30PM - 2PM
Literature Committee	2nd Sunday 11:30AM - 12:30PM
Literature Store	2nd Sunday 12:30PM - 2:30PM
Public Relations	2nd and 4th Saturdays 11AM - 12:30PM
H&I (Hybrid) Zoom : ID 886 2900 7274 Password : 602909	3rd Saturday 1PM - 3PM
Steering (Virtual Only) Zoom ID : 530 256 7932 Password : RASC	2nd and 4th Thursdays 7PM - 8:30PM
Activities	2nd Saturday 10AM - 11:30AM
RACNA 26	1st Monday 6:30PM - 8:30PM

Other NA Helplines

Northern New York Region ABCD Region (From Rochester to Massachusetts)	315-847-3842
Buffalo	716-878-2316
Greater New York (NYC)	212-929-NANA

Tradition Number 6:

"An NA Group ought never endorse, finance or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose."

Just For Today, my thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just For Today, I will have faith in someone in NA, who believes in me and wants to help me with my recovery.

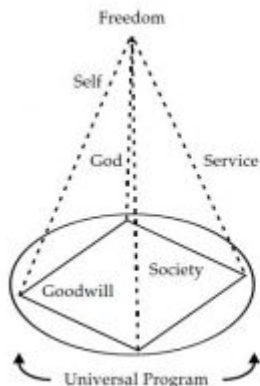
Just For Today, I will have a program and try to follow it to the best of my ability.

Just For Today, through NA, I will try to get a better perspective on my life.

Just For Today, I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life, so long as I follow that way, I have nothing to fear.

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. Basic Text, page 65



PHONE NUMBERS



Narcotics Anonymous Meeting Directory Rochester, NY

OCTOBER 2021

24 HOUR HELPLINE : (315) 847-3842

recoveryispossible.us
rochesterny-na.org
recoveryispossible.nny-na.org

Contact

publicrelations@recoveryispossible.nny-na.org



SUGGESTIONS

DON'T USE
GO TO MEETINGS EARLY AND STAY LATE
ASK FOR & USE PHONE NUMBERS
AVOID PEOPLE / PLACES / THINGS YOU USED WITH
90 MEETINGS IN 90 DAYS
GET AND USE A SPONSOR
JOIN A HOMEGROUP

KEEP COMING BACK -- IT WORKS!

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.