

COVID-19 Meetings Guidelines

(Secretary, please read before the meeting starts)

Aloha and thank you for attending the _____ meeting of Narcotics Anonymous.

With the current COVID-19 situation, we have implemented the following guidelines for our meeting:

- Meeting leaders and/or members will bring and use disinfectant wipes, spray and/or sanitizer at arrival and departure on all doorknobs or any other surface touched by our meeting members.
- Members must wear facemasks, per local ordinance.
- Members must bring their own chairs and sit at least 6 feet apart, unless multiple members are from the same household.
- Gatherings of more than 10 people will be split into separate groups of up to 10 people per group; up to 50 total indoor and 100 total outdoors, with separate groups spaced at least 6 feet apart.
- Minimize (or eliminate, if possible) use of auxiliary areas - bathrooms, kitchen, etc., except in an emergency.
- Members should not be in areas of the facility not authorized for our use.
- We will not be making and serving coffee or making refreshments and snacks available – please bring your own refreshments. Please do not bring snacks to be consumed or shared.
- We will discontinue our practice of "passing the basket" to collect financial donations – donations will be accepted in a designated place at each meeting. Members may also go to NA.org website to make a donation (<https://www.na.org/?ID=contribute-now>).
- Please avoid “NA hugs” before, during and after the meeting. We will not “circle up” when closing the meeting either - we want to eliminate physical contact, wherever possible.
- Anyone with a high temperature or exhibiting obvious flu-like symptoms is asked to not participate in our physical meeting. However you may join us in our online meetings or ask for members’ phone numbers – please see a Home Group member for details.

It is our intent to continue to align our practices with current local and federal guidelines as best as possible for the current pandemic. We want addicts seeking recovery to have a safe place to meet; physically, mentally and spiritually. Thank you for your understanding and cooperation.