








Sunday

- 11:00 AM 12:30 PM;**
D **Feelings Group of NA**
285 Clarissa St., Rochester
- 12:00 PM 1:30 PM;**
D **The Message of Hope**
 1425 Portland Ave, Rochester
- 5:30 PM 6:30 PM;**
O, D, S, WC **Couch Potatoes in Recovery**
 Community Center 1190 South Winton Rd, Room 26, Rochester
- 6:00 AM 7:30 PM**
Basically Speaking
350 Chili Ave, Rochester
- 7:30 PM 9:00 PM;**
O, IP, S, St **Recovery and Relapse**
 48 Cameron St., Rochester
Entry at rear of building
- 7:30 PM 8:30 PM;**
C **Step in the Right Direction**
1275 Spencerport Rd, Rochester




Monday

- 11:00 AM 12:30 PM;**
O **Unity is our Strength**
546 West Main Street, Rochester
- 12:00 AM 1:30 AM;**
BT, D **The Courage to Change**
 285 Clarissa St., Rochester
- 12:00 AM 2:00 PM**
The Not Yet Group
13 Vienna Street, Rochester
- 6:00 PM 7:30 PM**
Page 18
70 Liberty Pole Way, Rochester
- 6:30 PM 8:00 PM**
Spiritual Change
441 Parsells Ave., Rochester (corner of Greeley)
- 6:45 PM 8:00 PM**
 **Gates to Recovery**
4195 Lyell Rd, Rochester
Meeting outdoors, bring your own beverage and chair
- 7:00 PM 8:30 PM**
 **Talking Heads**
350 Chili Ave, Rochester
- 7:00 PM 8:30 PM**
All in the Family
17 S. Fitzhugh St., Rochester
- 7:00 PM 8:30 PM;**
D  **Eye of the Hurricane**
1008 Main St., East Rochester




Tuesday

- 10:30 AM 12:00 PM;**
O **Unity is our Strength**
431 West Main Street, Rochester

Tuesday (CONT)

- 12:00 PM 1:30 PM**
The Not Yet Group
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM**
The Courage to Change
285 Clarissa St., Rochester
- 6:00 PM 7:30 PM**
 **AIDS and Recovery**
 1124 Culver Rd., Rochester
- 6:45 PM 8:15 PM;**
BT, So  **Speakers & Stories**
4195 Lyell Rd, Rochester
Meeting outdoors, bring your own beverage and chair
- 7:00 PM 8:30 PM;**
D **Honest Open-Minded and Willing**
70 Liberty Pole Way, Rochester
- 7:00 PM 8:30 PM**
Experience Strength and Hope
149 Brooks Ave, Rochester
Back Entrance



Wednesday

- 10:30 AM 12:00 PM;**
O **Unity is our Strength**
431 West Main Street, Rochester
- 12:00 PM 1:00 PM**
Downtown Recovery
321 State Street, Rochester
MCC Campus 4th Floor Room 408
- 12:00 PM 1:30 PM**
The Not Yet Group
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM;**
BT, D  **The Courage to Change**
285 Clarissa St., Rochester
- 6:00 PM 7:30 PM**
Principles Before Personalities
79 North Clinton Ave., Rochester
- 6:30 PM 8:00 PM**
Just Say No
350 Chili Ave, Rochester
- 7:00 PM 9:00 PM;**
D, IP, JT, SD, St, Tr, WC  **B There or B Square**
111 N. Chestnut St., Rochester
- 7:30 PM 9:00 PM;**
OD, WC  **Meeting From Another Planet**
220 South Winton Rd., Rochester



Thursday

- 10:30 AM 12:00 PM;**
O **Unity is our Strength**
431 West Main Street, Rochester



Thursday (CONT)

- 12:00 PM 1:30 PM**
The Not Yet Group
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM;**
BT, D **The Courage to Change**
285 Clarissa St., Rochester
- 7:00 PM 8:30 PM;**
D, IP, WC **Unity Through Traditions & Steps**
431 W. Main St., Rochester
- 7:00 PM 8:30 PM;**
SD  **NA Speaker Meeting**
1410 Clifford Ave., Rochester
- 7:30 PM 8:30 PM;**
BT  **Back to Brockport**
14 State St., Brockport
Outside meeting; bring your own chair and coffee

Friday

- 9:00 AM 10:30 AM;**
SD **We Do Recover**
33 Chestnut St., Rochester
- 11:00 AM 12:30 PM;**
O **Unity is our Strength**
546 West Main Street, Rochester
- 12:00 PM 2:00 PM**
The Not Yet Group
13 Vienna Street, Rochester
- 12:00 PM 1:30 PM;**
BT, D  **The Courage to Change**
285 Clarissa St., Rochester
- 2:00 PM 3:30 PM;**
O **The Heartbeat of Recovery**
803 West Ave. Suite 196, Rochester
- 7:00 PM 8:30 PM;**
D, To, TC **Freedom Friday**
29 E. State Street, Albion
- 7:00 PM 8:30 PM;**
O, BT, D, IP, WC **I Just Don't Know**
30 Amity St., Spencerport
- 7:00 PM 8:30 PM**
 **Friday Nights Lights**
306 East Main Street, Batavia
- 7:00 PM 8:30 PM;**
O, BT, D, Rr, S **Tired of Running**
70 Liberty Pole Way, Rochester
- 8:00 PM 9:30 PM**
The Missing Piece
1035 Dewey Ave., Rochester

Saturday

- 10:00 AM 11:30 AM;**
O, D, SD, St, Tr **Phenomenal Women**
442 West Main St., Rochester
- 11:00 AM 12:30 PM**
The Breakfast Club
243 Rosedale St., Rochester
- 11:00 AM 12:30 PM**
A Step Forward
2 Riverside St., Rochester
- 1:00 PM 2:30 PM;**
BT, St **No Matter What**
70 Liberty Pole Way, Rochester
- 3:00 PM 4:30 PM;**
O, IP, Rr, So **I Can't, We Can**
287 Flower City Park, Rochester
- 4:00 PM 5:30 PM;**
D, SD, To **Dawn of a New Reality**
350 Chili Ave, Rochester
- 5:00 PM 6:30 PM;**
O **New Beginnings**
1 Seneca Parkway, Rochester
- 6:00 PM 7:30 PM;**
BT, SD, St, T **Ultimate Weapon**
70 Liberty Pole Way, Rochester
- 6:00 PM 7:30 PM;**
O, BT, SD, St, WC  **Who's An Addict**
48 Cameron St., Rochester
- 7:00 PM 8:30 PM;**
TC  **Saturday Night Live**
212 Webster Ave, Rochester

NOTE: Due to COVID-19 pandemic, all meetings are temporarily closed except those flagged as Virtual or Opened. (See website for details)

Meeting Format Legend

AB—Ask-It-Basket	BT— Basic Text
D—Discussion	IP—Informational Pamphlet
JT—Just For Today	O—Open
Rr—Round Robin	SD—Speaker/Discussion
So—Speaker Only	St—Step
To—Topic	Tr—Tradition
WC—Wheelchair	