

Sunday

- 11:00 AM 12:30 PM;** **Feelings Group of NA**
D 285 Clarissa St., Rochester
- 12:00 PM 1:30 PM;** **The Message of Hope**
D 48 Cameron Street, Rochester
Entry at rear of building
- 5:30 PM 6:30 PM;** **Couch Potatoes in Recovery**
O, D, S, WC
- 6:00 AM 7:30 PM** **Basically Speaking**
 350 Chili Ave, Rochester
- 7:30 PM 9:00 PM;** **Recovery and Relapse**
O, IP, S, St 48 Cameron St., Rochester
Entry at rear of building

Monday

- 12:00AM 1:30AM** **The Courage to Change**
BT, D 63 Samuel McCree Way, Rochester
- 6:45 PM 8:00 PM** **Gates to Recovery**
D 4195 Lyell Rd, Rochester
- 7:00 PM 8:30 PM** **Talking Heads**
 350 Chili Ave, Rochester
- 7:00 PM 8:30 PM** **All in the Family**
 17 S. Fitzhugh St., Rochester
- 7:30 PM 8:30 PM;** **Eye of the Hurricane**
D 1008 Main St., *East Rochester*

Tuesday

- 6:00 PM 7:30 PM** **AIDS and Recovery**
 1124 Culver Rd., Rochester
- 6:45 PM 8:00 PM;** **Speakers & Stories**
BT, SD 4195 Lyell Rd, Rochester
- 7:00 PM 8:30 PM;** **Honest Open-Minded and Willing**
D 48 Cameron St., Rochester
- 7:00 PM 8:30 PM** **Experience Strength and Hope**
 149 Brooks Ave, Rochester Back Entrance

Wednesday

- 12:00 PM 1:00 PM** **Downtown Recovery**
321 State Street, Rochester MCC
Campus 4th Floor Room 408
- 12:00 PM 1:30 PM** **The Courage to Change**
BT, D 63 Samuel McCree Way, Rochester
- 6:00 PM 7:30 PM** **Principles Before Personalities**
79 North Clinton Ave., Rochester
- 6:30 PM 8:00 PM** **Just Say No**
350 Chili Ave, Rochester
- 7:00 PM 9:00 PM;** **B There or B Square**
D, IP, JT, SD, St, Tr, WC 111 N. Chestnut St., Rochester
- 7:30 PM 9:00 PM;** **Meeting From Another Planet**
OD, WC 2881 Culver Rd. (rear side door entrance)

Thursday

- 12:00 PM 1:30 PM** **The Not Yet Group**
 185 Scio street, Rochester

Thursday (CONT)

- 7:00 PM 8:00 PM;** **Back to Brockport**
BT 14 State St., *Brockport*
- 7:00 PM 8:30 PM** **NA Speaker and Disucssion**
 864 E. Main St.

Friday

- 9:00 AM 10:30 AM;** **We Do Recover**
SD 33 Chestnut St., Rochester
- 12:00 PM 1:30 PM;** **The Courage to Change**
BT, D 63 Samuel McCree Way, Rochester
- 2:00 PM 3:30 PM;** **The Heartbeat of Recovery**
O 803 West Ave. Suite 196, Rochester
- 7:00 PM 8:30 PM;** **Freedom Friday**
D, To, TC 29 E. State Street, *Albion*
- 7:00 PM 8:30 PM;** **I Just Don't Know**
O, BT, D, IP, WC 30 Amity St., *Spencerport*
- 7:00 PM 8:30 PM** **Friday Nights Light**
306 East Main Street, *Batavia*

- 7:00 PM 8:30 PM;** **Tired of Running**
O, BT, D, Rr, S 70 Liberty Pole Way, Rochester
- 7:00 PM 8:30 PM;** **Unity is our Strength**
O 435 Jefferson Ave. Rochester
- 7:00PM 8:30PM** **12 Steps/12 Trads**
To, St., Tr. 25 Franklin St 2nd Fl.

Saturday

- 10:00 AM 11:30 AM;** **Phenomenal Women**
O, D, SD, St, Tr 442 West Main St., Rochester
- 11:00 AM 12:30 PM** **The Breakfast Club**
243 Rosedale St., Rochester
- 12:00pm 1:30pm** **Guiding Principles**
 287 Flower City Prkw.
- 12:30 AM 2:00 PM** **A Step Forward**
 2 Riverside St., Rochester
- 1:00 PM 2:30 PM;** **No Matter What**
BT, St 70 Liberty Pole Way, Rochester
- 3:00pm 4:30pm** **I Can't We Can**
 287 Flower City Pk.

- 4:00 PM 5:30 PM;** **Dawn of a New Reality**
D, SD, To 350 Chili Ave, Rochester
- 5:00 PM 6:30 PM;** **New Beginnings: Through Steps and Traditions**
O 1 Seneca Parkway, Rochester
- 6:00 PM 7:30 PM;** **Ultimate Weapon**
BT, SD, St, T 1035 DeWey Ave. Rochester
- 6:00 PM 7:30 PM;** **Who's An Addict**
O, BT, SD, St, WC 48 Cameron St., Rochester
- 7:00 PM 8:30 PM;** **Saturday Night Live**
TC 212 Webster Ave, Rochester

Unflagged meetings are currently CLOSED due to COVID-19
Meeting Format Legend

AB—Ask-It-Basket	BT— Basic Text
D—Discussion	IP—Informational Pamphlet
JT—Just For Today	O—Open
Rr—Round Robin	SD—Speaker/Discussion
So—Speaker Only	St—Step
To—Topic	Tr—Tradition
WC—Wheelchair	