

Sunday

- 11:00 AM 12:30 PM;**
D **Feelings Group of NA**
285 Clarissa St., Rochester
- 12:00 PM 1:30 PM;**
D **The Message of Hope**
 48 Cameron Street, Rochester
Entry at rear of building
- 5:30 PM 6:30 PM;**
O, D, S, WC **Couch Potatoes in Recovery**
 Community Center 1190 South Winton Rd, Room 26, Rochester
- 6:00 AM 7:30 PM** **Basically Speaking**
350 Chili Ave, Rochester
- 7:30 PM 9:00 PM;**
O, IP, S, St **Recovery and Relapse**
48 Cameron St., Rochester
Entry at rear of building

Monday

- 12:00AM 1:30AM** **The Courage to Change**
BT, D 63 Samuel McCree Way, Rochester
- 6:45 PM 8:00 PM** **Gates to Recovery**
D 4195 Lyell Rd, Rochester
- 7:00 PM 8:30 PM** **Talking Heads**
350 Chili Ave, Rochester
- 7:00 PM 8:30 PM** **All in the Family**
17 S. Fitzhugh St., Rochester
- 7:30 PM 8:30 PM;**
D **Eye of the Hurricane**
1008 Main St., *East Rochester*

Tuesday

- 6:00 PM 7:30 PM** **AIDS and Recovery**
1124 Culver Rd., Rochester
- 6:45 PM 8:00 PM;**
BT, SD **Speakers & Stories**
4195 Lyell Rd, Rochester
- 7:00 PM 8:30 PM;**
D **Honest Open-Minded and Willing**
48 Cameron St., Rochester
- 7:00 PM 8:30 PM** **Experience Strength and Hope**
149 Brooks Ave, Rochester Back Entrance

Wednesday

- 12:00 PM 1:00 PM** **Downtown Recovery**
321 State Street, Rochester MCC
Campus 4th Floor Room 408
- 12:00 PM 1:30 PM** **The Courage to Change**
BT, D 63 Samuel McCree Way, Rochester
- 6:00 PM 7:30 PM** **Principles Before Personalities**
79 North Clinton Ave., Rochester
- 6:30 PM 8:00 PM** **Just Say No**
350 Chili Ave, Rochester
- 7:00 PM 9:00 PM;**
D, IP, JT, SD, St, Tr, WC **B There or B Square**
111 N. Chestnut St., Rochester
- 7:30 PM 9:00 PM;**
OD, WC **Meeting From Another Planet**
2881 Culver Rd. (rear side door entrance)

Thursday

- 12:00 PM 1:30 PM** **The Not Yet Group**
185 Scio street, Rochester

Thursday (CONT)

- 7:00 PM 8:00 PM;**
BT **Back to Brockport**
14 State St., *Brockport*
- 7:00 PM 8:30 PM** **NA Speaker and Discussion**
864 E. Main St.

Friday

- 9:00 AM 10:30 AM;**
SD **We Do Recover**
33 Chestnut St., Rochester
- 12:00 PM 1:30 PM;**
BT, D **The Courage to Change**
63 Samuel McCree Way, Rochester
- 2:00 PM 3:30 PM;**
O **The Heartbeat of Recovery**
803 West Ave. Suite 196, Rochester
- 7:00 PM 8:30 PM;**
D, To, TC **Freedom Friday**
29 E. State Street, *Albion*
- 7:00 PM 8:30 PM;**
O, BT, D, IP, WC **I Just Don't Know**
30 Amity St., *Spencerport*
- 7:00 PM 8:30 PM** **Friday Nights Light**
306 East Main Street, *Batavia*

- 7:00 PM 8:30 PM;**
O, BT, D, Rr, S **Tired of Running**
70 Liberty Pole Way, Rochester
- 7:00 PM 8:30 PM;** **Unity is our Strength**
435 Jefferson Ave. Rochester
- 7:00PM 8:30PM** **12 Steps/12 Trads**
To, St., Tr. 25 Franklin St 2nd Fl.

Saturday

- 10:00 AM 11:30 AM;**
O, D, SD, St, Tr **Phenomenal Women**
442 West Main St., Rochester
- 11:00 AM 12:30 PM** **The Breakfast Club**
243 Rosedale St., Rochester
- 12:00pm 1:30pm** **Guiding Principles**
287 Flower City Prkw.
- 12:30 AM 2:00 PM** **A Step Forward**
2 Riverside St., Rochester
- 1:00 PM 2:30 PM;**
BT, St **No Matter What**
70 Liberty Pole Way, Rochester
- 3:00pm 4:30pm** **I Can't We Can**
287 Flower City Pk.

- 4:00 PM 5:30 PM;**
D, SD, To **Dawn of a New Reality**
350 Chili Ave, Rochester
- 5:00 PM 6:30 PM;**
O **New Beginnings: Through Steps and Traditions**
1 Seneca Parkway, Rochester
- 6:00 PM 7:30 PM;**
BT, SD, St, T **Ultimate Weapon**
1035 DeWey Ave. Rochester
- 6:00 PM 7:30 PM;**
O, BT, SD, St, WC **Who's An Addict**
48 Cameron St., Rochester
- 7:00 PM 8:30 PM;**
TC **Saturday Night Live**
125 Caroline St. Rochester

Unflagged meetings are currently CLOSED due to COVID-19
Meeting Format Legend

| | |
|-------------------|---------------------------|
| AB—Ask-It-Basket | BT— Basic Text |
| D—Discussion | IP—Informational Pamphlet |
| JT—Just For Today | O—Open |
| Rr—Round Robin | SD—Speaker/Discussion |
| So—Speaker Only | St—Step |
| To—Topic | Tr—Tradition |
| WC—Wheelchair | |